

CORPORATION NEWS

December 2015 Issue

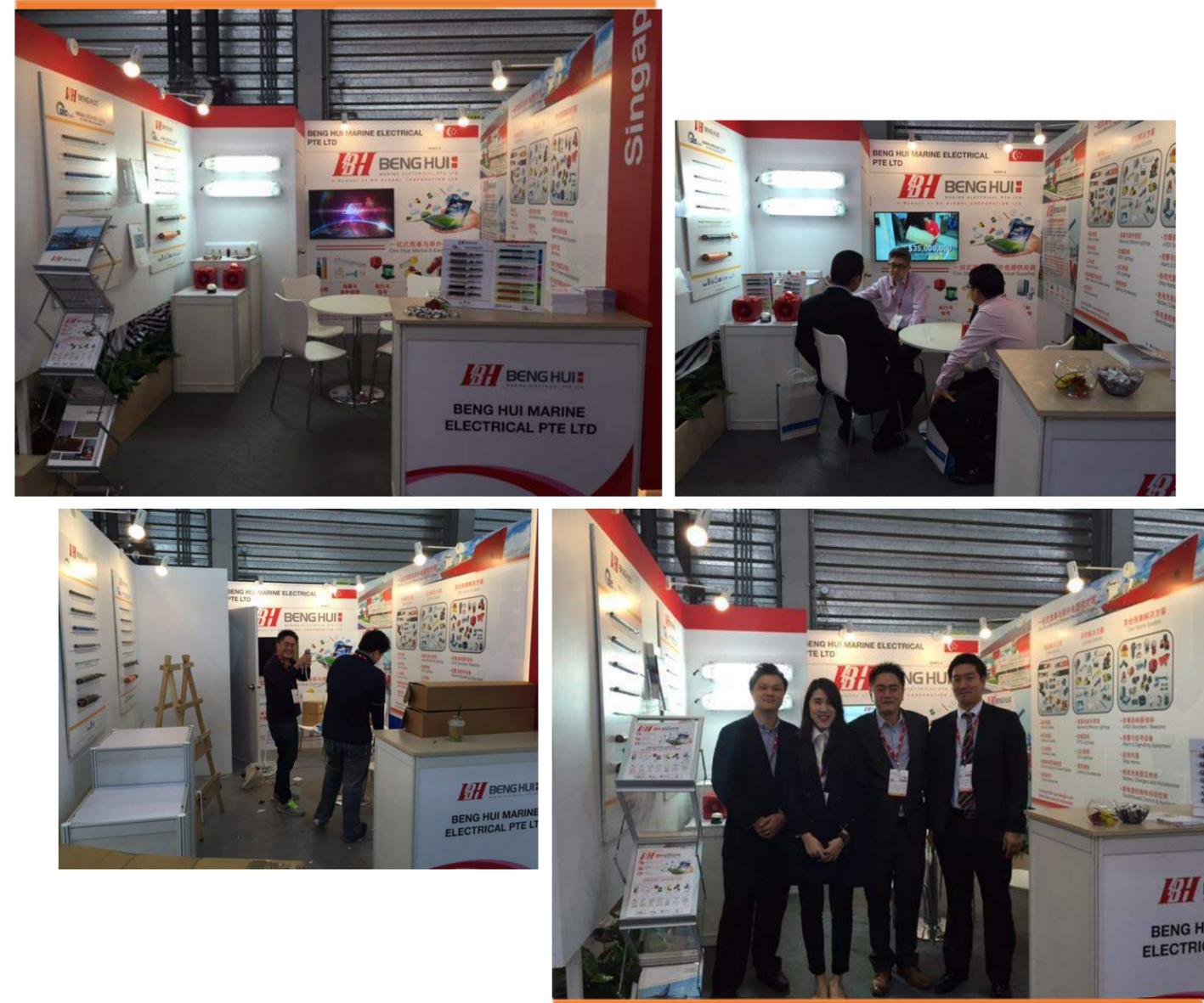


CORPORATION NEWS

Tradeshaw

Marintec China 2015 — The Only Gateway to the Asian Maritime Market

Marintec China 2015, organised by UBM Asia, was held from 1st to 4th December 2015 in Shanghai, China. Since its inception in 1981, Marintec China has become the most definitive maritime conference and exhibition in China and attracted over 1,100 companies from all over the world to exhibit their latest products and technologies in the shipbuilding industry.



Our long-time business partner — Sanshin Electric Corporation was also there under the Japan Pavilion. Beng Hui Marine Electrical was one of 36 companies participated in the Singapore Pavilion. Being at this trade show, we had an added advantage by reaching out to our potential business contacts and created our brand presence in China's marine offshore markets and we look forward to working with more agents so as to be able to fully support our clients in the East Asia region.

Tradeshaw

GovernmentWare 2015 — Building a Secure Smart Nation

The Cyber Security Agency of Singapore (CSA), in partnership with the Ministry of Home Affairs (MHA) and the Infocomm Development Authority of Singapore (IDA), is proud to present the 24th GovernmentWare (GovWare) conference & exhibition event. The event will be held from 6th to 8th October 2015 at the Suntec Singapore International Convention & Exhibition Centre.



Athena Dynamics partnering with Invea-Tech, Resilient Systems and Sasa-Software in showcasing cyber security solutions, enterprise IT systems, critical infrastructure protection, etc.



The concept of Smart Nation for Singapore was introduced by Prime Minister Lee Hsien Loong last year. One of the key objectives of Smart Nation is to harness the advantages of technology extensively and systematically to support better living for our people, create more opportunities for our businesses, and forge stronger communities



In the speech by Dr. Yaacob Ibrahim, Minister for Communications & Information and Minister In-Charge of Cyber Security, mentioned "Cyber Security is a team effort, everyone has a part to play, and everyone has to play their part. The Government will take the lead to spearhead initiatives to enhance Singapore's cyber security stance, and we will need everyone's cooperation to reap long term benefits for the cyber ecosystem. We aim to build a Smart Nation – one that will be enabled by trustworthy infrastructure and technology."



Wrist Far East Visits

It was an honour to have Mr Lars Bomholt, Vice President, CPO of Wrist Ship Supply to visit our company to enhance the partnership and corporation between Beng Hui Marine and Wrist Far East.



Wrist is the world's largest ship supplier and coordinates global activities through regional centres in Europe, Far East, Middle East, Canada and North America.

Having over 1200 employees in 30 offices across the world equipped with strong business knowledge and experiences in the marine sector to deliver expert care to each and every vessel and offshore location.

They provide a 24/7/365 service for every marine, offshore and navy operation, including land operations. With a full service provider, including handling of owner's goods, shipping, airfreight and related marine services, that can meet the demands of both multi-national organisations as well as small local businesses.

We look forward to an even closer partnership between both companies in the near future



Delivery Facts

Customers from 135 countries

- global presence, local excellence

726,173 sq. ft. warehousing on a global scale

- that equals 10 soccer fields

75,000 deliveries a year

- that is 1 delivery every 7th minute 24/7

12,088 different vessels delivered to in 2014

- that is 1/3 of the world fleet

1,3 millions of work gloves

- that should do to the entire population in Dublin

10,8 mio. ltr mineral water a year

- enough to fill 11 Olympic size swimming pools

3,250 tons of chicken

- corresponding to 125 x 40ft containers

19 millions of eggs

- corresponding to 40 x 40ft containers



3M Showroom Visit

3M's first Customer Technical Centre (CTC) in Singapore, extended its warm welcome to BH Global on the 8th of October to their 3M Technologies office in Yishun. It was certainly an eye-opening experience for the staff whom attended were provided with an the company and its



the guided tour. As we insight into the history of core technologies and in-

Peter Chan, from the Marketing Department, expressed; "I got to know that 3M will invest in solutions to three key urban challenges – namely energy, environment & water and information communications technologies integration.

3M always have new products and solutions that will emerge

The other innovation which was interesting for me, is the use of



liquid emergent technologies to practically reduce heat away from a mother board computer by totally immersing it in a liquid coolant."

Roger, from Procurement Department, added; "We were honoured to be invited by 3M Singapore to visit their CTC. The guided tour was both entertaining and educational at the same time. Specialists of each technology type, are on standby at their respective demo booths to walk us through the inventions and their practical purposes in everyday situations.

To highlight a few, amongst the many products which caught my attention – the 3M Fatigue & Slip-Resistant Matting was one of

them. It provides superb cushioning which help reduces fatigue and is optimal for users whose work requires for them to stand for long hours.

Another interesting product is the 3M VHB Tape, which claims to be one of the strongest tape in the world. This tape is to be used in a variety of applications to replace



rivets, spot welds, liquid adhesives and other permanent fasteners. Overall, it really was an inspirational experience whereby ideas and innovations to better user experiences, truly exist in every corner!"



from their lab. The one that stood out for me is the piloting of "ducted illumination" which makes use of special light films that can capture and reflect a light source through a special duct to "light" up any room / warehouse etc. It can work with any lamp source such as LED or even natural sunlight and its benefits include great cost savings and ease of maintenance.

Family Day 2015

This year our annual family day was held at River Safari on the 14th November 2015. Family members joined us in games and activities. Kids as young as 5 years old and our senior staff as fit as 75 years old actively participated in our mini 'Amazing Race' within the river park.



Waiting for further instructions after forming into their groups

Opening speech given by Chairman



Lina and team planning their strategies



Our game station-masters



Group photo with Manatees

Family Day 2015



On the Amazon River Cruise ride



Getting a squirrel monkey into the picture



Thankfully Jiajia & Kaikai were cooperative for a photo

With a little hiccup faced along the way, all teams still managed to clear every station. It was a huge success thanks to the volunteers and event committee members. In conjunction of family day, best employee awards were given out at the end of the day. Sumptuous buffet was served at the Ulu Ulu Safari Restaurant, all of us were in for a treat and was more than enough for 2 servings each.

I believed for most of us it was a fruitfully spent morning at the River Safari Park. We've all experienced a time in our lives where we focused more on achieving than on those we care for the most. In BH Global, workers are encouraged to schedule time with their friends and family on a regular basis to enjoy their company and the best way to succeed is to spread love and affection evenly among all the things in life.



Best Employees

The awards were presented based on the votes of all staff according to their dedication and professionalism towards their job. Best employee act as a role model for many of us and their outstanding contributions were recognised during our annual family day on the 14th of November 2015.



1st Prize: Pnwee Eng Hock



2nd Prize: Jane Goh



3rd Prize: Tan Soo Hong

Consolation Awards



Jasmin Lim



Feliani Hermawan



Lam Kok Wing



Siah Tiong Kai



Ng Yew Teck



Lai Bee Heong

Special Award



Jasmine Ho

Back to School

It is always a joy to give back to the society. This November, we teamed up with Taman Jurong CC, Woodlands CC, Jalan Besar CC as well as Tanjong Pagar CC in organizing a "Back to School" event at Popular Bookstore. Event was held on 29th November 2015, Sunday at the Bras Basah Complex branch. For every kid, \$50 worth of stationeries, assessment books and goodie bags was sponsored, in order to prepare them with essential items to kick-start their school term in 2016.



Our staff volunteers together with volunteers from People's Association Youth Movement (PAYM), whom assisted in ushering the kids and parents, as well as aiding kids who came alone to select and purchase their items.



This year we were able to bring smiles to about 400 kids. These students came from financial difficulty families and we sincerely hope that our little gesture could provide them with the support they need and also bring a smile to them.

Thank you all volunteers for participating, let's do it again next year!

Happy Hour 3

Christmas "Sleigh-Ride" Relay Race



To match the Christmas season, organizers of Happy Hour 3 – comprising of 5 EC members and 5 volunteers (from IT and logistics) – have arranged for 4 teams of 8 members each, to participate in a relay-race and complete mini-game stations in the name of friendly competition and festive fun.

Participation for All Staff

All staff are encouraged to have a sense of involvement with the event as well. Staff may place their "bets" through their value cards on which team will emerge victorious. The winning team along with those whom voted for them will then be viable for a special lucky draw



The Race

With a Team Leader (TL) chained to a chair. It's the mission for the 7 other members (Split into 3 pairs + 1 "Key Runner") to successfully complete all stations. Find the correct key and free their TL in order to win the race.



At the beginning before every mini-game station. Each pair of players will have to race through an "obstacle" course on a trolley with one player pushing the cart (to be blind-folded) while the other is seated and has to give instructions to his/her partner. It does indeed take a great deal of coordination and communication to manoeuvre through the "obstacle" course efficiently. Laughter ensues as there were many comedic moments of players running in the wrong direction!

Mini-Games Stations

Each team has to go through 3 mini-game stations before reaching the final stage whereby they are required to pass a key along every member - by hooking it through a straw, held only by the lips.

Winners + Prizes + Food for All!



The mini-game stations are pretty exciting too – as garnered from the loud cheers and responses from both players and the audience. Players are challenged, ranging from – balancing 4 coke cans on a paper plate in a basin of water to carefully blowing ping-pong balls into a plastic cup and using chopsticks to skilfully ferry marbles from one point to another.



The event concluded with a close finish at the end between the teams! They received prizes in the form of shopping vouchers and consolation gifts according to their race-ranking. The main Christmas lucky draw was held next – and the attractive Christmas hamper was awarded to the lucky winner; Tan Chung Wei!

“It was a nice and relaxed session for all BH Global members to relieve stress and to enjoy the fun!” - Low Ley Yan, Happy Hour 3 Event Committee Team Leader



A buffet dinner was held as per usual and all-in-all, everyone had a good time in the Christmas-themed Happy Hour 3!

Creating An Amazing 2016: It's Not About Making Resolutions

| By Marcia Sirota,
HuffingtonPost |



We all do it: we make our New Year's resolutions early in January and then by mid-month, we're back to our old ways. It's hard to find the motivation to take better care of ourselves and to follow through with all the behaviours that will make the coming year better than the one before.



We want to lose that stubborn extra five pounds; we'd like to take our relationship to the next level, or maybe we realize that we need to end it; we want more challenge and fulfilment in our job; we want to improve our level of fitness.

All these things are great goals, so how do you translate the desire to change into a reality? How do you keep yourself from dropping the ball on yet another set of New Year's resolutions?

I think that there is a way that you

can be more consistent in following through on your plans to improve your health, relationships and career in the New Year.

It starts with you developing the two essential attributes for change: self-awareness and self-love. These two attributes can help you go from being a chronic resolution-breaker to a consistent resolution-keeper this coming year.

Here's how it works. First, tune in to yourself and look at what you're feeling. This lets you get in touch with what you need.

When you're honest with yourself about your feelings and needs, you can more easily identify your counter-productive behaviours -- the ones that aren't giving you what you really need -- and you can start exploring some new behaviours that will work better for you.

If, for example, you identify that you've been feeling lonely, and that you need more connection in your life, you might realize that your evening junk food binges

have been a poor substitute for human companionship, and you might resolve in the New Year to join a club or group, and get out there and meet some new people.

You could go on a diet, but that's just a superficial change. No matter how much willpower you put into losing the weight, you're missing the point, which is that what you really need is some new friends.

It's a lot easier to let go of those binges if you're giving yourself what you need. Then, the weight will come off because you've lost the urge to binge; not because you're forcing yourself to diet.



If you get in touch with your real feelings and needs, you create a win-win for yourself: you stop the bad habit AND you get to have what you really need.

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Self-love is one of the best motivators, in my mind, for positive change. If you can let go of your self-criticism, self-doubt, self-directed anger; your shame and your self-blame, and just see yourself as the flawed but beautiful individual that you are, it will be a lot easier to change.



Negativity toward yourself creates pain and resistance to change. People tend either to give up in despair of ever improving things or the inner child acts out in defiance against the nasty inner critic.

It's only through self-acceptance that you can find lasting and sustaining motivation to improve yourself and your life. Positive energy supports positive change; negativity promotes paralysis.

You might be able to whip yourself into shape temporarily, but there's always a backlash where you get frustrated, hurt or angry and then shut down.

So instead of trying to force, bully or shame yourself into changing, find some love for yourself and change because you believe that you deserve a better life.

When you get in touch with what you really feel and really need, and when you're loving and accepting toward yourself instead of angry and self-critical, you'll find the motivation to eat healthy, exercise more, and improve your relationships and work life.

You don't need to keep setting, and breaking, New Year's resolutions. In 2016, choose to go a

bit deeper, discover your authentic feelings and needs and love yourself for exactly who you are. That's all the motivation necessary for you to create a spectacular 2016.

|By BH Global Editorial Team|